





## Ice Fishing Field Trip Clothing List

The field trip portion of your ice-fishing course is the highlight of the course. We will be spending a few hours outside therefore you will need to dress appropriately in order to fully enjoy the experience. Below is list of clothing that will help you keep warm. Remember there is no fashion contest when it comes to keeping warm!  $\odot$ 

| Ц | Winter hat or ear band                                   |
|---|--|
|   | Insulated gloves or mittens                              |
|   | Wool or polypropylene socks                              |
|   | Insulated & Waterproof winter boots                      |
|   | Long underwear   |
|   | Undershirt/Turtleneck                                    |
|   | Long pants   |
|   | Wool sweater/Fleece                                      |
|   | Insulated jacket – ideally windproof and water repellant |
|   | Snow/water proof pants                                   |
|   | Extra set of clothes                                     |
|   | Optional: extra pair of socks, neck warmer               |

## Special Notes:

Try to dress in wool or synthetic fibers like fleece; they allow your body to "breath" and will keep you warm if you get wet.

Dressing in layers is the key to staying the right temperature, it enables you to remove or add layers when needed. It is best to bring more than you think you need.